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# Truth & Right

Tim Henderson, Editor

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*"Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things."* Phil. 4:8 (NASB-U)

A publication of the  
**Wellsburg**  
**church of Christ**  
Which meets at:  
112 Sunset Ave.  
Wellsburg, WV 26070  
304-737-1422

*We appreciate so much your presence here with us today. We would like to extend an invitation to join us at any of our other times of worship.*

#### TIMES OF SERVICES

##### SUNDAY

Bible Classes\* 10:00 AM

AM Worship 10:45 AM

PM Worship 6:30 PM

##### WEDNESDAY

Bible Classes\* 7:00 PM

(\* Bible Classes for All Ages)

#### Today's Preacher:

*Bryan Legg*

*Audio CD's are available  
free of charge in the foyer.*

*Please visit our website:  
[www.truthandright.org](http://www.truthandright.org)*

*If you have any questions regarding  
what we teach and practice, please  
feel free to ask.*

***Don't forget to turn Elder survey sheet  
to Don Coen Jr or Ken Prager before  
July 1st***

#### **Discipline Begins with Your Mind By Bubba Garner**

A *disciple* is just that—one who is *disciplined*, one who has brought his thoughts, his behavior, and his emotions under the control of Christ. He is a dedicated and devoted follower, willing to submit his will to His will and to be trained and instructed in His righteousness.

The disciplined mind is where it all begins. The key to taming the tongue, managing the temper, and mastering what comes out the body is the cautious selection of what goes in the mind (**Mark 7:21-23**). One of the reasons Christians get caught up in worldliness and immorality is because we meditate on the worldly and immoral and don't discriminate against that which defiles the mind and heart.

Several years ago, the NAACP came out with the slogan "the mind is a terrible thing to waste", and such a saying reminds us that there is a lot of waste out there on which the mind can be spent and squandered. Solomon instructed his son to "watch over your heart with all diligence, for from it flow the

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*springs of life*" (**Prov. 4:23**). To watch means "to keep" or to discipline and involves carefully shielding and protecting. How ironic that we live in a health-conscious age when the same people who watch what they eat, examine the food labels, and take the recommended vitamins to care for their bodies allow all kinds of pollutants and impurities to contaminate their minds.

Consider some simple suggestions about how to develop a more disciplined mind.

**Aim higher.** *"Set your mind on the things above, not on the things that are on earth"* (**Col. 3:1-2**). All who have been buried and raised with Christ should be seeking heavenly things, desiring and striving to secure those things above. But this will not happen accidentally or coincidentally; in order to seek them, you must first set your mind on them. You will see no improvement in tending to your spiritual needs until you make the decision that you are going to do better and set your mind to the task. *"For the mind set on the flesh is death, but the mind set on the Spirit is life and peace"* (**Rom. 8:6**). Look up and aim a little higher.

**Dwell longer.** *"Brethren, whatever is true, honorable, right, pure, lovely, of good repute let your mind dwell on these things"* (**Phil. 4:8**). To dwell means "to contemplate" or "to give thoughtful consideration", and it cannot be done in a hurry or half-heartedly. We make plenty of time for the dishonorable and impure but consistently have none left for the things that matter most. Why is it that we know all the lyrics to the popular songs but cannot commit a simple scripture to memory to help us in our time of need? Remember, if you're not thinking it, you're probably not doing it. Get your head in *the book* and stay a little longer.

**Dig deeper.** *"The things you have learned and received and heard and seen in me, practice these things"* (**Phil. 4:9**). Meditation is naturally followed by application, having the sincerity of heart to put to work what you have learned and to practice what you have comprehended. It does no good to purify the fountain if you do not allow the water to flow and carve its course in the springs of life.

Having laid the foundation of a disciplined mind, it's time to start building and turning

good intentions into good deeds. Reach down into the well of your soul and dig a little deeper.

The Lord needs those who will set their hearts on the higher plane of serving Him and not be double-minded in their devotion. He needs those who will turn stumbling blocks into stepping stones, weakness into strength, defeat into victory. He needs those who will submit to His discipline. Make up your mind to do just that.

## Awareness of Weakness is the Key to Strength

by Tim Nichols

The world has it all backwards. Most seem to think that we can accomplish great things when we become the strongest, wisest, smartest, and most beautiful. Worldly achievement may well depend on some of these things to some degree. Even there, however, there is room for using the principles that we will discuss here.

Our work for the Lord is not in the same category and the approach that we take in that work is altogether different from what many would commend in worldly pursuits. Here, the principle might be stated something like this: Recognize that you are weak and unable to do it alone, trust God, and set out to do it.

The notion that we ought to wait until we, ourselves, are wise enough or strong enough before we set out to obey God is simply unbiblical. Although it is right and reasonable to obtain training and to prepare ourselves as best we can, it is also true that the time to begin doing the will of God is the moment we learn what that will is regarding any matter. God will guide, strengthen, and comfort us by His word, assist us by His providence, and bless our efforts with success. He will give the increase.

When God told Moses leave the desert to go back to Egypt and lead the children of Israel .

out, Moses protested that he was not equal to the task. God did not argue with that point. Instead, He promised to go with him and assured him of success. In effect He said, "I will meet you back here with My people!"

But Moses said to God, "Who am I that I should go to Pharaoh, and that I should bring the children of Israel out of Egypt?" So He said, "I will certainly be with you. And this shall be a sign to you that I have sent you: When you have brought the people out of Egypt, you shall serve God on this mountain" (**Exodus 3:11, 12**).

Joshua, as great a man as he no doubt was in his person, was not equal to the task of conquering the land when that assignment was given to him. God seems to have suggested that inherent in the command to act is the promise of aid.

Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go (**Joshua 1:9**).

Jeremiah could not get away with declaring that his personal weakness disqualified him.

Then said I: "Ah, Lord God! Behold, I cannot speak, for I am a youth." But the Lord said to me: "Do not say, 'I am a youth,' for you shall go to all to whom I send you, and whatever I command you, you shall speak. Do not be afraid of their faces, for I am with you to deliver you," says the Lord. Then the Lord put forth His hand and touched my mouth, and the Lord said to me: "Behold, I have put My words in your mouth (**Jeremiah 1:6-9**).

Paul so relied upon God's guidance, and so looked beyond passing difficulties that he could declare that his work was actually God's work being done through his willing hands.

But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was with me (**1 Corinthians 15:10**).

Not that we are sufficient of ourselves to think

of anything as being from ourselves, but our sufficiency is from God (**2 Corinthians 3:5**).

Isaiah gave a command and a principle that will hold true for all time and under every covenant. Are we listening?

Strengthen the weak hands, and make firm the feeble knees. Say to those who are fearful-hearted, "Be strong, do not fear! Behold, your God will come with vengeance, with the recompense of God; He will come and save you" (**Isaiah 35:3, 4**).

He gives power to the weak, and to those who have no might He increases strength. Even the youths shall faint and be weary, and the young men shall utterly fall, But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint (**Isaiah 40:29-31**).

Paul actually reached the point at which he was able to see that he could only be strong when he was weak.

And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong (**2 Corinthians 12:7-10**).

Now how about you? Are you aware of your own weaknesses? Good! You have reason to be genuinely humble. Are you allowing these weaknesses to keep you out of God's service? If so, then you need to trust God and proceed, in spite of what you may see as personal inability, to attempt what you know you cannot do -- by yourself.

# Those Serving This Week

## Sunday AM

<b>Class Prayer</b>	Chuck Isinghood
<b>Announcements</b>	Earl Miller
<b>Song Leader</b>	Dan Marton
<b>Scripture</b>	Luke 12: 41 - 59
<b>Reader</b>	Ed Roberts
<b>Prayer</b>	Wayne Campbell
<b>Speaker</b>	Bryan Legg
<b>Lord's Supper</b>	
Bread	Ken Prager
Fruit of the Vine	John Lemal
Serve	Terry Smith
Serve	CJ Isinghood
<b>Closing Prayer</b>	Bryan Legg

Please inform the one in charge of announcements if you are unable to fulfill your responsibilities.

## Sunday PM

<b>Announcements</b>	Earl Miller
<b>Song Leader</b>	Ed Roberts
<b>Scripture</b>	Luke 13: 1 - 21
<b>Reader</b>	Don Coen Jr
<b>1st Prayer</b>	Chuck Isinghood
<b>Speaker</b>	Bryan Legg
<b>Communion</b>	Ken Prager
<b>Closing Prayer</b>	Don Coen Sr

## Wednesday

<b>Class Prayer</b>	Chuck Isinghood
<b>Announcements</b>	Earl Miller
<b>Song Leader</b>	Singing/Prayer
<b>Invitation</b>	Don Coen Jr
<b>Closing Prayer</b>	Don Coen Sr

# *News N Notes*

Please continue to remember these in your prayers:

### **Sick/ Poor Health:**

- Don Coen
- Blake Headen, Alberta's husband.
- Ronald Lancaster is in WMC rm 850
- Grace Lancaster
- Virginia Malick, Peggy Miller's mother
- Harold Marshall Sr
- Alfred and Mary Jane Myers
- Liela Brady's is recovering at home
- Jim Moore, Nancy Morris' nephew
- Jimmy Roberts, Ed & Marie's son
- Jim Roberts, Ed Roberts' father
- Marie Roberts
- Gabriel Taylor, 5 year old great grandson of Don dealing with cancer.
- Trudell Tennant
- The Henderson are traveling until July 2nd
- Harold & Linda are visiting Harold Sr
- The Harless' are out of town
- Clifford Coen is recovering from a heart attack.

### **Don't forget our Shut-ins**

#### **Ann's Retreat:**

- Josephine Clow

#### **Brightwood Center:**

- Shirley Campbell

#### **Valley Haven:**

- Ethel Mahan
- Pauline Sellers

#### **At Home:**

- Mabel Fleming
- Zeda Goddard
- Betty Hunter
- Pauline Midcap
- Ann Rudolph

Send them a card—give them a call—let them know we are thinking about them.

If someone needs to be added